

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 April Fool's Day</b> 10-11 Word Search 11-12 Yoga & Movement 1-2 Music Therapy 2-3 Trivia 3-4 Chess & Cards	<b>2</b> 10-11 Putt Putt 11-12 Thankful For? 1-2 Go Fish 2-3 Song Quiz 3-4 Bingo Mania	<b>3</b> 10-11 What's in a Name? 11-12 Hand Exercises 1-2 Music Therapy 2-3 Art Expressions 3-4 You Name It!	<b>4</b> 10-11 Word Scramble 11-12 Yoga & Movement 1-2 Music Therapy  2-3 Deke Visits 3-4 Charades	<b>5</b> 10-11 Monopoly 11-12 Resistance Bands 1-2 Weekend Hope 2-3 Sing-A-Long 3-4 Book Club
<b>8</b> 10-11 Hedbanz 11-12 Yoga & Movement 1-2 Music Therapy 2-3 Spotlight on Health 3-4 Chess & Checkers	<b>9</b> 10-11 Bowling 11-12 Thankful For? 1-2 Sequence 2-3 Life 3-4 Bingo Mania	<b>10</b> 10-11 Movin to Motown 11-12 Monarch Choir 1-2 Music Therapy 2-3 April in History 3-4 Game Time	<b>11</b> 10-11 Reminisce 11-12 Yoga Fun 1-2 Music Therapy 2-3 Crafting with Cathy 3-4 Pictionary	<b>12 Grilled Chz Sndwch Day</b> 10-11 Storytime  11-12 Praise Moves 1-2 Weekend Hope 2-3 Yahtzee 3-4 Puzzle Mania
<b>15</b> 10-11 Rock Painting 11-12 Yoga & Movement 1-2 Music Therapy 2-3 Fam/Mem Council 3-4 Chess & Cards	<b>16</b> 10-11 Ring Toss 11-12 Thankful For? 1-2 Music Surprise 2-3 Connect Four 3-4 Bingo Mania	<b>17</b> 10-11 Crafting 11-12 Strength Training 1-2 Music Therapy 2-3 Art Expressions 3-4 Trivial Pursuit	<b>18</b> 10-11 Scavenger Hunt 11-12 Cookout & Games 1-2 Music Therapy 2-3 Easter Garden 3-4 Family Feud	<b>19</b> 10-11 Gardening Club 11-12 Praise Moves 1-2 Weekend Hope 2-3 Hang Man  3-4 Book Club
<b>22 Easter Monday</b> 10-11 Cooking with Kim 11-12 Yoga & Movement 1-2 Music Therapy  2-3 Footsteps 3-4 Chess & Checkers	<b>23</b> 10-11 Hand Ball 11-12 Thankful For? 1-2 Scrabble 2-3 Parlor Games 3-4 Bingo Mania	<b>24 Thanks Montana!!!</b> 10-11 Debbi Deals 11-12 Range of Motion 1-2 Music Therapy 2-3 Karen's Korner 3-4 Cards	<b>25 Volunteer Celebration</b> 10-11 Word Scramble 11-12 Yoga Fun 1-2 Music Therapy 2-3 Barn Escape 3-4 Pirate Adventure	<b>26</b> 10-11 Clay Craft 11-12 Walk About 1-2 Weekend Hope 2-3 Go Fish 3-4 Puzzle Mania
<b>29 Poetry Reading Day</b> 10-11 Black Jack 11-12 Yoga & Movement 1-2 Music Therapy 2-3 Poetry Reading 3-4 Chess & Cards	<b>30</b> 10-11 Guided Imagery 11-12 Thankful For? 1-2 Wheel of Fortune 2-3 Brain Fitness 3-4 Bingo Mania	<b>Wellness Key</b> <b>Cognitive</b> <b>Psychosocial</b> <b>Spiritual</b> <b>Physical</b> <b>Special Event</b>	<b>*Snacks are served at 10AM and 2PM*</b> <b>4/10 Golfers Day</b> <b>4/20 Volunteer Recognition</b> <b>4/24 Administrative Professionals Day</b>	<b>HAPPY BIRTHDAY TO:</b> <b>4/5 Ophelia</b> <b>4/8 Jean</b>



# HIGHLIGHTS & NEWS

## Important Dates

**Special Features**– Deke (therapy dog) visits on Thursday the 4th at 2:15 PM,  
Monarch Choir brings entertainment on Wednesday the 10th at 11:00 AM, Barn Escape Pirate Adventure on Thursday the 25th at 2 PM  
**Music Therapist**– Every Monday, Wednesday, and Thursday at 1 PM after lunch  
**Family Member Council**– Monday the 15th at 2:45 PM  
**Health Education**– Monday the 8th at 2 PM

## Daily Schedule

7:30-8:30 Welcome!	1:00-2:00 Spiritual Growth
8:30-9:30 Coffee with Friends	2:00-3:00 Cognitive Health
9:30-10:00 Orientation & Snack	3:00-4:00 Games
10:00-11:00 Social Activity	4:00-5:00 Relax ~ See you Soon!
11:00-12:00 Exercise Group	
12:00-1:00 Lunch / Relaxation	

## April Birthdays

Ophelia 4/5  
Jean 4/8

Celebrating on  
Monday, April 15

## The Retreat Team

Kathryn Doddridge, Executive Director  
Montana McKeown, Administrative Assistant  
Heidi Whitescarver, Nurse Manager  
Karen Koenig, Healthcare Coordinator  
Lois Thompson, Activities Director  
Rachel Shell, Music Therapist  
Victoria Willcox, Certified Nurse Aide  
Wendy Chavis, Certified Nurse Aide  
Kim Bronson, Cook  
Cindy Boles, Yoga & Movement  
Kristen Mueller, Volunteer  
Marian Murphy, Volunteer  
Patricia McDermott, Volunteer  
Debbi Bassett, Volunteer

## Additional Services

Massage  
Beautician  
Physical Therapy

Celebrating Our  
Volunteers  
on Thursday the 25th